

# Core Cooking with Mandie Shockley

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## Banana Oatmeal Pancakes with Fresh Blueberries



### **INGREDIENTS**

*2 servings*

1-cup organic rolled oats

1 banana

½ tsp maple syrup

¼ tsp vanilla

Sprinkle nutmeg

½ tsp coconut oil

1 cup almond milk

Fresh blueberries

### **INSTRUCTIONS**

Combine all ingredients in a blender until smooth.

Cook pancakes over low-medium heat, top with blueberries and devour.

Enjoy! 😊