

Core Cooking with Mandie Shockley

Grilled Chicken with Lemon & Rosemary Marinade



INGREDIENTS

Serves 2

8-16 ounces organic chicken breast

2 Tablespoons fresh rosemary

Juice from one lemon

Cracked black pepper

1 tsp olive oil

INSTRUCTIONS

Combine all ingredients and let chicken marinate for as long as you like.

Grill on high heat until cooked through and serve.

Enjoy!